

Rolling Hills Community Church
Twelve Essentials to Spiritual Growth
Summer Sermon Series
July 1, 2007

“Introduction to the Essentials of Spiritual Growth”

Based on the book Celebration of Discipline by Richard Foster

The “Twelve Essentials to Spiritual Growth” are as follows:

The Inward Disciplines	The Outward Disciplines	The Corporate Disciplines
Meditation	Simplicity	Confession
Prayer	Solitude	Worship
Fasting	Submission	Guidance
Study	Service	Celebration

“Not so with you. Instead whoever wants to become great among you must be your servant, and whoever wants to be first must be your slave – just as the Son of Man did not come to be served, but to serve and to give His life as a ransom for many.” **Matthew 20:26**

The Discipline of Submission and the Discipline of Service are closely related:

Submission is the attitude
Service is the action
Submission is the why
Service is the what

Again, Jesus Christ is the Example:

“When he had finished washing their (the disciples) feet, He put on His clothes and returned to His place. ‘Do you understand what I have done for you?’ He asked them. You call me ‘Teacher’ and ‘Lord,’ and rightly so, for that is what I am. Now that I, your Lord and Teacher, have washed your feet you also should wash one another’s feet. I have set you an example that you should do as I have done for you. I tell you the truth, no servant is greater than his master, nor is a messenger greater than the one who sent him. Now that you know these things, you will be blessed if you do them.” **John 13:12-17**

Where are you in the discipline of service?

If Jesus said, *“Now that you know these things, you will be blessed if you do them...”*
Where are you serving?

- Your Community
- Your City
- Your World

**The call to live a life of submission and service following the example of Christ –
all for the glory of God!**